

## CHICK PEAS WITH TAHINE

- 1 can chick peas
- 1 Tbsp TAHINE
- 1 garlic clove, crushed
- salt and lemon to taste
- a small onion, thinly sliced to decorate.

Drain chick peas and mix all ingredients in blender adding only enough water from can to create a rich and smooth mixture.

Decorate with some chick peas, thinly sliced onion and a bit olive oil.

Serve as a dip with small slices of Pita Bread or on top of fish, chicken or meat.

